

Valley Kitchen

Breakfast Served All Day

SUNRISE FAVORITES

Sunrise Favorites are served with Hash Brown Potatoes and choice of; Toast or Biscuit

All American \$8.85

Two Eggs, any style, served with choice of: Bacon, Sausage or Ham

Corned Beef Hash & Eggs \$10.85

Served with Two Eggs, any style

Chicken Fried Steak & Eggs \$11.85

Tender breaded beef cutlet topped with Country Gravy with Two Eggs, any style

Eggs Florentine \$10.85 (No Toast or Biscuit)

A toasted English Muffin topped with Two Poached Eggs, Spinach, Tomato and Hollandaise Sauce

Eggs Benedict \$10.85 (No Toast or Biscuit)

A toasted English Muffin topped with Two Poached Eggs, Canadian Bacon and Hollandaise Sauce

Steak & Eggs \$14.85

Cooked to order juicy Sirloin Steak with Two Eggs, any style

Pork Chop and Eggs \$11.85

Grilled Center Cut Pork Chop with Two Eggs, any style

Biscuits & Gravy \$7.35

(No Toast or Hash Browns)

Two Biscuits with Country Gravy and Two Eggs, any style

Sunrise Sandwich \$8.75

(No Toast or Biscuit)

Choice of breakfast meat, Two Eggs, Choice of; Cheddar or Swiss Cheese, Choice of Bread

OMELETTES

Our Omelets are prepared with three fresh eggs.

Served with Hash Brown Potatoes and choice of; Toast or Biscuit

Ham & Cheese \$10.85

Ham & Cheddar & Jack Cheese

Meat Lover's \$11.85

Ham, Bacon, Sausage, Cheddar and Jack Cheese

Denver \$11.85

Ham, Bell Peppers, Onions, Cheddar and Jack Cheese

Greek \$11.85

Bacon, fresh Spinach and Feta Cheese

Three Cheese \$10.85

Cheddar, Jack & American Cheese

Spanish \$10.85

Topped with Cheddar & Jack Cheese and Ranchero Sauce

Cali Veggie \$10.85

Mushrooms, Bell Peppers, Onions, Spinach & Tomato, topped with Avocado Add choice of Cheese \$1

OLD TOWN SPECIALITIES

Old Town Specialties are served with choice of; Hash Browns or Refried Beans
Choice of; Corn or Flour Tortillas or Toast

Breakfast Burrito \$10.55

Choice of Breakfast Meat, Scrambled Eggs, Jack & Cheddar Cheese wrapped in Flour Tortilla

Huevos Ranchero \$9.85

Two Eggs atop a Corn Tortilla, Jack & Cheddar Cheese topped with Ranchero Sauce

Baja Omelette \$10.85

Bacon and sliced Avocado, covered with Ranchero Sauce topped with Sour Cream Add choice of Cheese \$1

Chorizo Con Huevos \$9.85

Mexican Sausage blended with Two Scrambled Eggs

Machaca Con Huevos \$9.85

Shredded Beef, Tomatoes, Onions and Peppers blended with Two Scrambled Eggs

FROM THE GRIDDLE

Griddle Orders are served with Maple Syrup and Whipped Butter

Buttermilk Pancakes

Three Flap Jacks \$8.55

Banana or Chocolate Chips add \$1

Two Flap Jacks \$6.55

Banana or Chocolate Chips add \$1

French Toast \$8.55

Strawberries add \$2 or Banana add \$1

Belgian Waffle \$8.55

Strawberries add \$2 or Banana add \$1

Pancake or French Toast Combo \$11.55

Choice of; Pancake or French Toast, Sub Waffle add \$2
Two Eggs, any style, served with choice of; Bacon, Sausage or Ham

LITE FARE

Continental Breakfast \$8.85

Choice of; Coffee or Tea
Choice of; Toast, Bagel, Muffin or Danish
Choice of; Fruit Bowl or Juice

Oatmeal \$3.95

Banana or Raisins add \$1

Fresh Fruit Bowl \$5.50

Seasonal Melons and Pineapple



STEAK AND EGGS



ALL AMERICAN WITH BACON



EGGS BENEDICT



DENVER OMELETTE



BAJA OMELETTE



FRENCH TOAST

Substitutions add \$1.25

Cup of Fruit, Egg Whites or Beaters, sliced Tomato or Avocado, Cottage Cheese

STARTERS

Nachos Supreme \$10.65

Topped with Jack & Cheddar Cheese, Sour Cream and Guacamole
Chicken, Carne Asada or Machaca add \$2

Mozzarella Sticks \$9.65

Served with choice of; Marinara Sauce or Ranch Dressing

Chicken Tenders \$11.85

Served "golden brown" with choice of; Ranch or Bleu Cheese Dressing

Quesadilla \$10.85

Large flour tortilla folded with Jack & Cheddar Cheese served with Salsa, Sour Cream and Guacamole
Chicken, Carne Asada or Machaca add \$2

Chicken Wings \$11.85

Choice of: Buffalo or Honey Cajun, served with choice of; Ranch or Bleu Cheese Dressing

SOUP/CHILI

Vegetable Soup Cup \$4.35 Bowl \$6.55

Soup of the Day Cup \$4.35 Bowl \$6.55

Chili Bean Cup \$4.35 Bowl \$6.55

Chili served with chopped Onion & shredded Cheese

SALADS

Cobb \$12.85

Ham, Turkey, Bacon, Avocado, Boiled Egg and crumbled Bleu Cheese with choice of Dressing

Dinner Salad \$4.55

Fresh Mixed Greens, Cherry Tomato, Carrots, Black Olive and Croutons

Mediterranean \$12.85

Romaine, Chicken, Tomato, Black Olives, Avocado, Feta Cheese with choice of Dressing

Caesar \$9.55

Romaine lettuce tossed with Croutons, Cheese Parmesan & Caesar Dressing
Grilled Julianne Chicken Breast add \$3

Asian \$12.85

Chicken, Crispy Noodles, Almonds and Soy Dressing

Veggie Plate \$12.85

Sauteed Broccoli, Spinach, Tomato, Zucchini, Mushroom and shredded Carrots in Olive Oil
served on a bed of Fresh Mixed Greens

SANDWICHES

Sandwiches are served with choice of; French Fries, Cole Slaw, Potato Salad or Cup of Soup

Turkey Croissant \$12.85

Roasted Turkey Breast, sliced Avocado, Lettuce & Tomato

Valley Club \$12.85

Bacon, Roasted Turkey, Lettuce and Tomato, choice of Bread

Chipotle Chicken Wrap \$12.55

Diced Chicken, Avocado, Tomato, Jack and Cheddar Cheese, shredded Lettuce, Chipotle Mayonnaise wrapped in a Chipotle Pepper Flour Tortilla

Tuna Salad \$8.55

Lettuce & Tomato, choice of Bread

BLT \$9.85

Bacon, Lettuce & Tomato
Choice of Bread

French Dip \$12.55

Served with Au Jus on French Roll

Open-Faced Ribeye \$13.85

Grilled Ribeye Steak with sautéed Mushrooms & Onions atop Sourdough Bread
Choice of Cheese add \$1

Italian Torpedo \$10.85

Genoa Salami, Ham, Lettuce, Tomato & Provolone Cheese on French Roll

MELTS

Melts are served with choice of; French Fries, Cole Slaw, Potato Salad or Cup of Soup

Texas Dip Melt \$12.85

Grilled sliced Roast Beef, sautéed onions, melted Pepper Jack Cheese, served on Grilled Texas Toast with Au Jus & Creamy Horseradish Sauce

Patty Melt Down \$12.85

Juicy Burger sautéed Onions and American Cheese on Grilled Sourdough Bread

Reuben \$12.85

Thin sliced Corned Beef, Sauerkraut, Swiss Cheese and Thousand Island Dressing on grilled Rye Bread

Turkey Melt \$12.85

Grilled Turkey with Bacon, Tomato, Avocado and Swiss Cheese, served on Grilled Texas Toast

Classic Grilled Cheese \$8.55

Choice of; Turkey, Ham or Tuna add \$2



CHICKEN WINGS



COBB SALAD



MEDITERRANEAN SALAD



TURKEY CROISSANT



REUBEN



FRENCH DIP

Substitutions add \$1.25

Cup of Fruit, Egg Whites or Beaters, sliced Tomato or Avocado, Cottage Cheese, House Salad



BURGERS

Our Burgers are Half Pound Certified Angus Beef served on a Brioche Bun
Choice of: French Fries, Cole Slaw, Potato Salad or Cup of Soup

Valley Kitchen Burger \$10.85

Lettuce, Tomato and Pickle on the side.
Choice of Cheese add \$1

Western Burger \$12.85

BBQ Sauce, Onion Rings and American Cheese

California Burger \$12.85

Bacon, sliced Avocado & American Cheese

True Bleu Burger \$12.85

Topped with Crumbled Bleu Cheese and Bacon

Old Town Burger \$12.85

Green Chilies, sliced Jalapenos and Pepper Jack Cheese

Mushroom Swiss Burger \$12.85

Sautéed Mushrooms and Swiss Cheese

Healthy Alternative Plate \$11.85

Protein Plate

Our Burger served with sautéed Broccoli, Spinach, Zucchini, Mushroom and shredded Carrots in Olive Oil.
With Cottage Cheese & Tomato

Turkey Avocado Plate

Served with Cubed Fresh Fruit, Cottage Cheese & Tomato

CHICKEN BREAST ON PRETZEL BUN

Grilled Chicken items are served on a Pretzel Bun
Choice of: French Fries, Cole Slaw, Potato Salad or Cup of Soup

California Chicken \$12.75

Bacon, sliced Avocado and American Cheese

Grilled Chicken Breast \$10.75

Plain or Cajun Style
Choice of Cheese add \$1

SOUTH OF THE BORDER

South of the Border menu items are served with Spanish Rice & Refried Beans

Enchiladas \$13.55

Choice of; Cheese, Beef or Chicken

Fish Taco's \$13.85

Two of San Diego's very own specialty!

Pollo Asado or Carne Asada \$15.85

Served with Tortillas

Combo Plate \$14.85

Burrito, Enchilada and Taco, choice of; Beef or Chicken

Quesadilla Supreme \$13.55

Choice of: Chicken, Carne Asada or Machaca with Salsa, Sour Cream and Guacamole

Tacos \$8.55

Two Tacos choice of: Beef or Chicken

Baja Burrito \$15.85

Choice of; Pollo Asado or Carne Asada, Guacamole, Jack & Cheddar Cheese wrapped in a Flour Tortilla
Smothered with choice of; Enchilada or Ranchero Sauce add \$1.00

PASTAS

Pasta menu items are served with choice of;
House Salad or Cup of Soup, and Warm Texas Toast

Penne Alfredo \$12.55

Penne Pasta tossed with Alfredo Sauce
Grilled Julienne Chicken Breast add \$3

Spaghetti with Meatballs \$14.75

Mom D's Marinara Sauce & Parmesan Cheese

Chicken Parmesan \$14.75

Our Italian Classic with Penne Pasta Marinara and Chef's Vegetable of the Day

Macaroni and Cheese \$8.55

Our Housemade classic
Chicken add \$3 or Bacon add \$2

Penne Primavera \$12.55

Mixed Vegetables with choice of; Marinara or Alfredo Sauce
Grilled Chicken Breast add \$3



CALIFORNIA BURGER



TURKEY AVOCADO PLATE



PROTEIN BURGER PLATE



ENCHILADAS



CARNE ASADA BURRITO



SPAGHETTI AND MEATBALLS

Substitutions add \$1.25

Cup of Fruit, Egg Whites or Beaters, sliced Tomato or Avocado, Cottage Cheese, House Salad

VALLEY ENTREES

Valley Entrées are served with choice of; House Salad or Cup of Soup,
Choice of; Mashed Potatoes, French Fries or Rice Pilaf
Chef's Vegetable of the Day, Dinner Roll and Butter

Hot Turkey or Roast Beef \$13.75

Served "Open-Faced" with sliced white bread and "tons" of Gravy

Meatloaf \$14.75

Just like MOM's homemade recipe served with Mushroom Gravy

Top Sirloin Steak \$17.75

Grilled to "your liking"

Southern Fried Chicken \$14.75

Breast, Leg, Wing & Thigh
Fried "Golden Brown"

Country Fried Steak \$13.75

Tender breaded fried Beef Cutlet with Country Gravy

Sautéed Liver & Onions \$12.75

All American Classic

Charbroiled Pork Chops \$13.75

Two, juicy and lean center-cut Pork Chops

Fish & Chips \$14.75

Beer Battered White Fish served with French Fries, Tartar Sauce & Lemon Wedges (No Vegetables)

Ribeye Steak \$17.75

Broiled Ribeye Steak served with sautéed Mushrooms and Onions

CATCH OF THE DAY

Changes Daily inquire with your Server for Details

VALLEY DESSERTS

Chocolate Wipeout \$7.55

Valley Kitchen's own 3 layer Chocolate Cake

New York Cheesecake \$5.95

Apple Pie \$5.35

A la Mode with Vanilla Ice Cream add \$2

Brownie Sundae \$7.55

Chocolate Brownie, Vanilla Ice Cream, Hot Fudge, Whipped Cream and Toasted Nuts

Hot Apple Turnover A la Mode \$5.75

Crisp Puff Pastry enveloped around Apple Filling, topped with Glaze and Icing.
Served with Vanilla Ice Cream

50's FOUNTAIN ITEMS

Milk Shake \$5.55

A frosty treat with your choice of; Vanilla, Chocolate or Strawberry.
Topped with Whipped Cream

Ice Cream Float \$5.55

One Scoop of Vanilla or Chocolate Ice Cream served the 50's way
with your favorite soda flavor

BAKERY

Croissant, Danish, Muffin, Bagel \$3.50 each

Toast (add Peanut Butter \$.50), English Muffin, Brownie, Cookie \$1.50 each

BEVERAGES \$2.65

Coffee or Tea, Iced Tea

Milk, Hot Chocolate, Chocolate Milk

Coke, Diet Coke, Sprite, Dr. Pepper or Root Beer

Ask your server about our bottled beer and wine selection

SIDES

Cold Cereal, Biscuits & Gravy, Cole Slaw,
Cottage Cheese or Potato Salad.....add \$3
Bacon, Sausage, Ham, Burger Pattie or
Corned Beef Hash.....add \$4
French Fries or Onion Rings.....add \$4
Hash Browns or 1/2 Avocado.....add \$2



MEATLOAF



FISH AND CHIPS



CHOCOLATE WIPEOUT



APPLE TURNOVER A LA MODE

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness,
especially if you have certain medical conditions. **Added Charges for Substitutions**
10% Service Charge on all "To-Go" Orders